

# Verifiable Proof of an NDE Experience—1991

The BBC recreated this event as a documentary, *The Day I Died* [on YouTube].

Pam Reynolds was diagnosed with a brain aneurysm (the ballooning of a brain artery that threatens to burst). Neurosurgeon Robert Spetzler performed a radical surgical procedure termed “hypothermic cardiac arrest”.



7:15 AM—General anesthesia was begun.

8:40 AM—A bone saw was used to remove a section of her skull. Her right groin and femoral artery were prepared for cardiopulmonary bypass, but because the artery was too small, the surgeon switched to the left side.

10:50 AM—Blood and body cooling was begun.

11:00 AM—Core body temperature reached 73°.

11:05 AM -- Cardiac arrest. Breathing stopped. The EEG of her outer brain functioning went flat.

11:25 AM—Core body temperature: 60°. Total brain shutdown. Began cardiopulmonary bypass and drained blood from her head. Any possibility of metabolism to support brain functioning was eliminated. The aneurysm was repaired while she was clinically dead for an hour.

12:00 Noon—The heart monitor began to show signs of ventricular fibrillation. After two rounds of defibrillator shocks, her heart beat normally.

12:36 PM—Core body temperature reached normal. Closing surgery was begun.

2:10 PM—Reynolds was taken to the recovery room in stable condition

After having lost consciousness due to the general anesthetic, she was suddenly brought to consciousness by the piercing sound of the cranial saw and that it popped her out of the top of her head. She came to rest near Dr. Spetzler’s shoulder. She saw things, despite having her eyes taped shut, she had not expected or that contradicted her expectations, such as the appearance of the cranial saw, the interchangeable saw blades in a socket-wrench-type case, and the way her head was shaved. She was dismayed to see someone conducting a procedure in her groin area when this was supposedly brain surgery. She heard the report that the blood vessels were too small and to switch to the other side, although she had very loud clickers in her ears to help monitor brain function. She was drawn into the presence of the ‘Light’, where she encountered deceased loved ones. She returned with a deceased uncle, and upon seeing the condition of her body did not want to reenter it. She saw the body jump once, and upon a second jump her uncle pushed her back into her body.